



The Campus Herald

Volume 20 Issue 4

Johnson & Wales University - Providence, Rhode Island

Wednesday, October 20, 1999

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latest SoundSystem

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COUNTDOWN TO THE MILLENNIUM

3 2 1

The Mission of The Campus Herald is to serve as the vital source of information for Johnson & Wales University, its students, faculty, administration, and immediate community. To this end, this publication produced by the students of this university shall provide the integrity and professionalism necessary for providing accurate and essential information to transcend the geography between the university family.
- Donn L. Wilson (1998)

Salem Proves to be a Haunting Experience UIB Trip to famous Halloween Haunt

by Mike Post
Editor-in-Chief

As the leaves slowly change hues and the nights and days get colder, we head to the season of holidays. The first, and maybe the favorite of New Englanders, is Halloween. The New England area holds many places for fright seekers but the most popular to visit for those who thirst for the dark side is Salem, Mass. A day's visit transports you back to the colonial era and leaves you with a modern taste of the supernatural. Salem, once famous for its trading is now known as a mecca for witches warlocks, and eccentrics alike.

Salem was founded in 1629 as a world-renown trading port, known for its China Trade. The town was made famous by the 1692 Witch Trials, in which 24 people died as a result of two girls' strange demeanor.

The tale begins in 1692 when two girls, the daughter Betty, and the niece Abigail Williams of the Salem Village minister, the Reverend Samuel Parris, began to accuse people of being witches. Their accusations, fueled by human interest and hysteria, resulted in 19 people being hung on Gallows Hill in Salem Village and the remaining dying in prison. Thanks to preservation efforts, the original 552 documents pertaining to the trials are all stored at the Peabody Essex Museum in Salem. The Peabody museum also has a detailed town history an Asian art collection and artifacts of

Salem's maritime legacy.

Another favorite 'haunt' in Salem is the House of the Seven Gables that served as inspiration for the Nathaniel Hawthorne novel. You can also visit the Witch House, which stands on the corner of North and Essex Streets. It is the home of Jonathon Corwin, a magistrate in the witch trials. Another place to visit the past and present practices of witchcraft is at the Salem Witch Village. The village's goal is to promote religious tolerance and participation in a positive society that encourages growth and acceptance of all its people.

Happy Halloween !!!



Drawing by Nic Evans

Salem also offers lodging and restaurants for the 'dead' tired traveler. Such places as the Salem Inn (pricey) and the Hawthorne Hotel (reasonable) offer unique lodging around Halloween. Some restaurants to check out are: The Grapevine Restaurant, Red Raven's Trade Winds and the Lyceum Bar & Grille. If dancing with the devil or making bizarre potions are your flight of fancy, then you need to check out Salem Mass. on All Hallows Eve. With its charm of days gone by and its love of the occult, Salem

proves to be a best bet.

The University Involvement Board (UIB) will be sponsoring a trip to Salem on Halloween for the price of \$10 per person. The trip includes The Salem Wax Museum and other favorite haunts.

For more information on restaurants, and events for Halloween turn to Inside Providence page nine.

J&W NSMH Announces Trip to International Hotel Motel and Restaurant Show

by Elson Hendricks
NSMH Chapter President

Greetings and salutations on behalf of the National Society of Minorities in Hospitality and the Residential Life staff of McNulty Hall. As you may already know, on November 6, 1999, the Jacob Javits Center will host the annual International Hotel Motel and Restaurant Show in New York City. The show will prove to be a colossal hospitality learning opportunity. Our students will be exposed to many employers, suppliers and culinary specialists.

The staff of McNulty Hall is facilitating a trip to the International Hotel Motel and Restaurant Show. Admission and round trip transportation to the hotel show are being provided by McNulty Hall. The cost of the trip is \$35 per person. This price includes transportation and entrance into the show. The bus will depart from McNulty Hall at 7 AM. Additional stops and pickups will be established based upon the location of the students on campus. Each student that attends the show will receive official documentation of participation for their Career Passport.

Thank you for your continued support of your students and their development within the hospitality field. Should you have any questions please direct them to Elson Hendricks at 401-598-4325.



ROOSTER MEETS THE KERNEL...



One might call it fowl play (or dinner) but the rooster that has been calling Gaebe Commons its home for the past few weeks has finally met its maker. On Tuesday, Oct. 12 with a crowd in awe, an urban hawk had a great meal for dinner. Unfortunately the rooster was its main entree.

The rooster will be sadly missed by many, including the surrounding residence halls that lost a friend.

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October Volunteer Opportunities

Chad Brown Health Center

The Health Center is looking for 3-5 volunteers to help revise their medical records. This will involve making new charts as well as, collating, labeling and organizing them.

PAL - Quality of Life Initiative

Volunteers are needed to interview people with disabilities to determine the quality of their supportive services.

City Year

City Year Americorps is looking for hardworking and dedicated young people to make a difference in the community. As a City Year Corps Member, you will serve as:

- * Tutor and mentor for elementary school children
- * Transform vacant lots into playground and community gardens
- * Teach a non-violence curriculum to middle school students
- * Work with a diverse team of corps members
- * Lead children in community service.

Boy Scout Troop - Seekonk, Mass.

A troop of 15 Boy Scouts is looking for a volunteer for a position of a Scout Leader or Assistant Scout Leader. This troop meets once a week for two hours.

The responsibilities will be:

- * To coordinate activities of the troop
- * Spend a week with the troop at Camp Yawgoo next summer
- * Go for at least two camp-outs per year

If you have any questions, please contact Nancy Northrop at 598-2989.

Attention All Students

The Johnson & Wales
Investment Association
Advisor Kenneth J. Rourke,
J & W Alumni Association &
The School of Global Management
Present:

Guest Speaker, Ms. Kathleen Camilli
Director of Economic Research for
Tucker-Anthony, Inc. on
"Economics for the New Millennium"

Date: Thursday October 21, 1999
Time: 3:00pm-4:30pm
Location: University Hall
Presentations Room

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-buddhist saying

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J&W CRIME ALERTS

September 27, 1999

A male resident of East Hall was arrested off campus by Cranston Police and charged with possession of marijuana with intent to deliver. Providence Police are also investigating for drug violations within their jurisdiction.

September 27, 1999

A male resident of East Hall reported his vehicle stolen from the HAC Lot. The following day, his roommate was arrested in New York and charged with possession of stolen property.

October 2, 1999

A male resident was arrested at McNulty Hall by Providence Police and charged with possession of marijuana.

October 3, 1999

A female resident was arrested at Snowden Hall by Providence Police and charged with simple assault and malicious mischief.

Crime Prevention Tip:

If you suspect you are being followed while driving, drive to the local police station. DO NOT PULL OVER AND STOP!

The Campus Herald

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The Campus Herald
encourages all students,
faculty, administrators,
and community members
to voice their opinions on
topics concerning them in
and outside of Johnson &
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writer can express his or

her opinions in Letters to
the Editor. All letters
must be signed in ink or
they will not be
published.

You may contact us at
our offices on the 3rd
floor of the Citizens Bank
Building, or call us at
(401) 598-2867, or fax us
at (401) 598-1171.

IFC Sets Greek Record Straight

by Interfraternity Council

It is common knowledge that on our campus there are several fraternal organizations operating "underground." This means that these fraternities and sororities are neither recognized by the school nor their inter/national headquarters.

There are several organizations that are fully operational in the eyes of the University. These organizations include the following:
Sororities: ΑΣΤ, ΔΦΕ, ΦΣΣ, ΣΔΤ, ΣΓΡ, ΣΛΓ, ΣΛΥ, ΣΣΣ, ΘΦΑ, ΖΦΒ
Fraternities: ΑΦΑ, ΔΣΦ, ΚΑΨ, ΦΒΣ, ΦΚΣ, ΣΛΒ, ΕΠ, ΤΕΦ, ΤΚΕ, ΖΒΤ
Social Fellowships: ΓΦΓ

All of these organizations are fully functional according to the University and their inter/national headquarters. With this status, these organizations may enjoy the following benefits:

- * To receive funds through the SGA Appropriations process
- * To reserve University space for meetings free of charge
- * To have promotional material approved for meetings/events
- * To have access to bulletin boards, photocopying, and other supplies
- * To attend and be eligible for awards at the Student Life and Greek Life banquets
- * To be featured in Greek Life publications
- * To be featured/advertise in *The Campus Herald* and *Johnsonian Yearbook*
- * To have a rock in Xavier Courtyard and Culinary Commons
- * To attend and participate in Greek retreats, student activities night, and homecoming
- * To attend and participate in regional and national leadership schools and conventions
- * To be eligible for financial, scholastic, and other services offered by inter/national fraternal organizations and social fellowships
- * To be networked to thousands of other brothers and sisters around the world

By joining an underground organization you not only exclude yourself from these benefits, you also:

- * Are not covered by an insurance policy of an inter/national organization
- * Cannot legally wear the letters or insignia of the organization

Before you make the decision to join a fraternity or sorority on campus, be sure to find out some crucial information. Be sure to ask the members if the organization is recognized by the University and an inter/national headquarters. If you have additional questions please contact the Office of Student Life at greeklife@j&w.edu or 598-2943. Choose carefully and wisely.

A Message from Rabbi Ben Lefkowitz, Jewish Chaplain

The Jerusalem Fellowships provide intensive summer and winter experience in Israel for Jewish college students, graduates and young professionals between the ages 19-29. This winter they are offering **two programs**:

THE JERUSALEM FELLOWSHIPS INTERNSHIP FOR LEADERS (JFIL)

Geared for a select group of student leaders, who are motivated to ignite Jewish pride and unity on college campuses throughout North America, JFIL is open to returning undergraduates in their freshman to junior years.

Tentative Program Dates: Dec. 22, 1999- Jan. 10, 2000 Cost: AS LOW AS \$499

THE JERUSALEM FELLOWSHIPS WINTER BREAK PROGRAM

The Fellowships give students the opportunity to deepen their understanding of Judaism, enhance their understanding of the Israeli political situation and the Arab-Israeli conflict, tour the country, and build lasting friendships with their peers from all over the United States and Canada.

Tentative Program Dates: Dec. 22, 1999- Jan. 10, 2000 Cost: AS LOW AS \$950

Senators **Daniel Patrick Moynihan** and **Arlen Specter** serve as Honorary Chairmen of these prestigious educational programs. Recently some of the outstanding speakers have included:

Former Prime Ministers Benjamin Netanyahu, Yitzhak Shamir and Shimon Peres, Israel President Ezer Weizman, Mayor of Jerusalem Ehud Olmert and MK, Benny Begin.

The full cost of a three- week program is \$4,000. Scholarships of up to \$3,050 are available, which can make the cost for eligible students just **\$950** including airfare (round trip from New York), food, accommodations, overnight and day tours, seminars and classes. For the JFL program, additional scholarships may be available that can bring the cost down to \$499.

For more details please call Rabbi Chaim Dubin at 1-800-FELLOWS, or check the web-site at [www. Golsrael.org](http://www.Golsrael.org), or be in touch with Rabbi Ben, x1499.

The next meeting for *The Campus Herald* will be on Monday, October 18 at 5pm in the Citizens Bank Center for Student Involvement.

If you have any questions give us a call at x. 2867.

Wanna be in the yearbook?

log onto

www.ouryear.com

(enter password: 249)

or call 1-800-OUR YEAR

to book an appointment!



Beginning Novemeber 8th DaVor Photography will be taking portraits of Associates Degree and Bachelors Degree candidates for the millenium edition of the Johnsonian. A sitting fee of \$5.00 will be collected at the time of your portrait.

EVERYONE WHO GRADUATES WILL RECEIVE A FREE COPY OF THE YEARBOOK!

Equine Center Posts Riding Results

by Crystal Hansen

On October 2, the Johnson & Wales Equine Center in Rehoboth, Mass. hosted a student horse show for Family Weekend. The show was well-attended by parents, many who enjoyed their first visit to the Equine Center, to watch their offspring ride. There were flat and jumping classes judged by Prof. Beth Beukema on balanced seat equitation. The riders showed at the walk, trot and canter and performed basic dressage movements that tested their knowledge and skill. The placings for the classes were as follows:

Balanced Seat Equitation

Green Riders:

1. Amy Rota
2. Emmy Waldron
3. Sarah Weldon

Introductory Level I:

1. Amanda Fournier
2. Shaun Maguire
3. Leigh Heyward

Introductory Level II:

1. Holly Casey
2. Erica Lemieux
3. Liz Carlin
4. Carolyn Ferry
5. Emily Jablonski
6. Kathleen Travelo and Kim Allshouse

Advanced A:

1. Stefani Watson
2. Ryan Petronelli
3. Staci Luti
4. Sascha Unger

Advanced B:

1. Lindsay Francis
2. Alena Orszak
3. Amy Sciortino
4. Aine Bishop
5. Leila Rooney

Fences

X-Rails:

1. Holly Casey
2. Emily Jablonski
3. Shaun Maguire
4. Amanda Fournier
5. Liz Carlin
6. Leigh Heyward

2':

1. Staci Luti
2. Erica Lemieux
3. Kathleen Travelo
4. Stefani Watson
5. Carolyn Ferry

2'6" - 2'9":

1. Ryan Petronelli
2. Alena Orszak
3. Sascha Unger
4. Aine Bishop
5. Amy Sciortino

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Model Call

We are also looking for Ladies to compete for Miss Nubian. 2000

The Nubian 2000 Celebration

The Brothers of Groove Phi Groove are looking for models to participant in the Nubian 2000 Celebration, if interested leave your name and number in our mailbox in Student Involvement building.

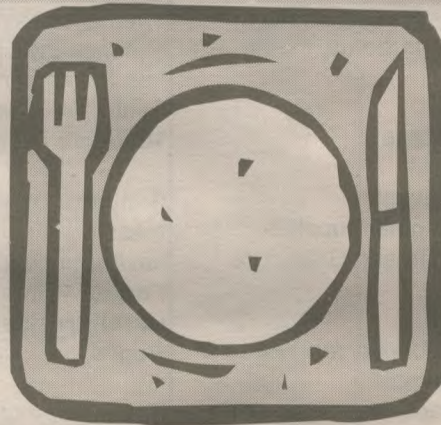
Vegan Options: Colleges React to Growing Trend

by Bernie Fischlowitz-Roberts

On my first day of college orientation, I entered Haverford College's Dining Center for lunch. The foods were unlabeled, so I greeted to server with, "Hi, I'm a vegan. Which dishes can I eat?" This well-meaning employee responded, "Hi, Vegan. Nice to meet you." Then and there, I knew an interesting four years lay ahead.

Entering college in fall 1996, I was among the thousands of vegan students nationwide facing a major challenge: how to eat a balanced, healthy, vegan diet in a not-too-health-friendly cafeteria.

College students are among those at the forefront of the trend of people choosing vegan diets, which more and more physicians recognize as the best choice. Freed from parental constraints and able to experiment with new foods in dining halls, the number of vegan students has increased dramatically in recent years, which bodes well for chronic disease rates declining in the future. At this time of exposure to new ideas and formation of opinions that may be long-lasting, colleges and universities must better accommodate their vegan students, ensuring they can enjoy complete, balanced meals without animal products at breakfast, lunch and dinner.



Should Vegetarian, Vegan diets be offered in college dining halls?

Students follow vegan diets for varied reasons: moral objection to animal abuse, environmental concerns, and personal health. It's hard to be oblivious to Americans eating 1 million animals every hour, and the resulting enormous toll of environmental damage and human health disasters. As students try to counteract that state of affairs, dining services have an obligation to help.

Typically, professors get evaluated by how well they teach and the quality of their research. Few college administrators would be satisfied with mediocre professors. So why do schools tolerate institutional food being not merely mediocre in taste, but also unhealthy and polluting? Why do students making healthy, compassionate, ecological decision to stop eating animals products encounter needless difficulty eating n so many meal plans?

Luckily, in some places the situation has begun improving. Schools on the cutting edge of offering more plant-food options have made a concerted effort to work with students and get more vegan foods into campus dining halls. Such schools should serve as models to other institutions striving to make cafeterias more vegan-friendly. For example:

* The University of Maryland at College Park recently created a "Vegetarian/Vegan Advisory Board," composed of students, the school dietician, a nutrition student employee, and dining hall managers. They meet monthly to test recipes, with the goal of improving the vegetarian menu and adding more vegan choices.

* At Indiana University - Bloomington, requests for vegan items and their availability have both increased lately, according to Jim Beeson, Food Service Director of Edmonson Dining Room. For breakfast, diners can enjoy bagels, homemade breads, make your own waffles, tofu French Toast, and soymilk with cereal, all free of animal products. Lunch offerings include savory pastas, soups, a salad bar, baked potatoes and veggieburgers. Dinner selections include grain and pasta casseroles, rice and beans, as well as other standard plant-based dishes. These vegan items are reportedly well-liked by even not-yet vegan students.

* Maine's Bowdoin College, in Brunswick, is a wonderful example of a small, liberal arts college with a fine dining program. Bowdoin offers vegetarian and vegan options at every meal, and students are delighted with the food quality.

* Connecticut College in New London has a special vegetarian-dining hall with an array of vegan options at every meal. They even have a Tofutti and Rive Dream bars, which are frozen, non-dairy ice cream alternatives. Every Thursday night, the vegetarian-dining hall offers fruit and vegetables for juicing.

Despite such wonderful efforts at these and others schools, far too many colleges and universities lag well behind. For vegan students, getting meals that do not damage their health and violate deeply-held principals remains an all-too-common challenge.

Yes, changing menus requires time, energy and quality recipes, thought even small interim steps represent progress. But plenty of tips for making changes, including quantity recipes, are available from the Vegetarian Resource Group (www.vrg.org) and the Physicians Committee for Responsible Medicine (www.pcrm.org).

Student perseverance is key to changing dining hall food. Many food service personnel will meet with concerned students about new menus. But rhetoric and promises at meetings do not always translate into changed menus. Regular meetings are essential, as is staff education (so cooks know, for example, not to use chicken stock in a vegetable rice pilaf.) Institutional recipes also help, so dining services know which foods can be made into sufficient quantities for large kitchens.

Vegan choices are based on principals that show up in a cleaner environment and better health, while carnivorous preferences show up on your thighs, as well as in clogged arteries and environmental destruction. More vegan options in cafeterias mean more food for everyone. After all, meat-eaters, vegetarians and vegans can all enjoy vegan food without compromising principals.

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Breast Cancer: Detecting Realities, Not Myths

courtesy of the American Cancer Society

Breast cancer is the most common cancer among women and a major priority for the American Cancer Society. During October, National Breast Cancer Awareness Month, the American Cancer Society has issued the following information which debunks common myths in order to help women make informed decision about their health.

Myth - Breast cancer kills more women than any other disease.

Reality - Among women whose cancer has not spread beyond the breast at the time of diagnosis, their five-year survival rate is 97 percent. Early diagnosis is the key to survival.

Myth - Breast cancer is not a threat to women under 40.

Reality - All women are at risk, even though 95 percent of breast cancer cases occur in women ages 40 and over.

Myth - Mammograms are unsafe and painful.

Reality - With today's modern technology, radiation levels are low and not harmful. Modern mammography equipment is designed to minimize the degree of discomfort, but compression of the breast is essential for high quality mammograms. Since breasts can be tender just before or after menstruation, women may prefer to schedule a mammogram at a different time.

Myth - Mammograms are expensive and not covered by insurance.

Reality - Mammography coverage by private health plans is mandated in most states. Medicaid programs in a majority of states and Washington D.C., cover screenings. Coverage is also provided by Medicare, public employee health plans, and many ERISA (or self-insured) plans. Each plan is different, so check coverage details before being tested. If uninsured, research low-cost certified mammography programs in your community.

Myth - If a mammogram result comes back normal, there's nothing to worry about until the next scheduled test.

Reality - Although mammography is the best technology to detect cancer early, the American Cancer Society recommends women also receive a breast examination by a health professional and perform breast self-examinations monthly. The combination of procedures will give them the best chance to find cancer early.

Myth - If a lump is cancerous, mastectomy is the only option.

Reality - At one time, mastectomy was standard therapy, but now only a minority of women choose this treatment. The combination of radiation and lumpectomy is performed much more commonly. In many cases, chemotherapy and/or hormonal therapy are used effectively.

Women can receive additional breast cancer information by calling the American Cancer Society at 1-800-ACS-2345, 24 hours a day, seven days a week or by visiting www.cancer.org

DO YOU REMEMBER YOUR FIRST ONE?

Part 1 of 2: An in-depth look into credit cards.

by Christopher S. Bice
Staff Writer

We have seen them everywhere we turn. They are in our bookstores, our residence halls and our academic buildings. Women at our bus stops give them out with free t-shirts or calling cards. What would seem like millions of them bombard our mailboxes on and off campus. If that is not enough, there are still plenty of them in our favorite retail stores. They plague millions of college students a year - credit card applications.

The all too eager college student, away from mom and dad for the first time, is anxious to apply for a credit card. He or she thinks nothing of it, just fill out the application and mails it off. Within two to three weeks, he has the little piece of plastic in his hands with a \$500 limit. He feels the power that the credit card radiates, and he believes that he will be responsible, not fall into debt, and will only use it in an extreme emergency.

That next Saturday night he is hanging out in the mall with his friends. They go in and out of the stores, looking at clothes, shoes and video games. Our cautious student tells himself that he does not have any cash with him, in his bank account, or back in his residence hall. Then he hears it. The credit card is calling his name, begging the student to use it to buy the shoes he so desperately did not need, the video game that was the worst he ever bought, and the clothes that were already out of style.

Then, within 30 days, our young friend is excited to see that he has received mail. He rips it open, only to see that at the top it says billing statement. He then notices that he has charged past the \$500 limit, he now has to pay an over limit fee of \$29 plus the over limit amount, and the regular payment on his credit card. To make matters worse, he has no job or other source of money.

Moneylenders are quick to give credit, but they are also quick to report late payments on your credit. Next time we will look at the importance of paying your credit cards on time and what exactly a credit report contains.



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We need writers, editors, and contributors.
The Herald meets every Monday at 5pm in the Citizens bank Center for Student Involvement.

For questions or for more info. please call x 2867.

ATTENTION ALUMNI OF
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The National Youth Leadership Forums on Law, Medicine or Defense

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co-founders: Barbara or Richard

CHRISTIAN STUDENT FELLOWSHIP

UPCOMING EVENTS, FALL 1999

MONDAY, OCT. 18TH: COLUMBUS DAY PICNIC
MEET AT HOSPITALITY AT 10:15 A.M. WE'LL GO TO LINCOLN WOODS
STATE PARK FOR FREE FOOD AND FUN!

SATURDAY, OCT. 16TH: NIGHT ON THE TOWN!
WE'RE GOING TO THAYER STREET!

OCT. 22ND-24TH: FALL CONFERENCE
A WEEKEND CONFERENCE IN BOSTON! THE THEME IS FAITH IN ACTION. WE'LL BE HEARING SPEAKERS TALK ABOUT HOW THEY ARE PUTTING THEIR FAITH INTO ACTION AND HAVE AN OPPORTUNITY TO DO SOME COMMUNITY SERVICE PROJECTS. THE COST IS ONLY \$25. REGISTRATION IS DUE BY 5:00 P.M. ON MONDAY, OCT. 18TH!

SUNDAY, OCT. 31ST: SUNDAY LUNCH
COME TO ANDY AND AMY'S FOR LUNCH AFTER CHURCH! CALL IF YOU NEED A RIDE TO CHURCH OR DIRECTIONS FOR LUNCH!

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MONDAY, NOV. 15TH: STUDY BREAK
FINAL EXAMS START TOMORROW...COME TAKE A BREAK TONIGHT! FREE FOOD! WATCH FOR MORE INFO...OR CALL!

CALL ANDY OR AMY AT X2445 FOR MORE INFO!

WHO IS YOUR SPIRIT WARRIOR?

The second article in a series dedicated to the Diversity and the Future 2000 Initiative

by Mike Post
Editor-in-Chief

When I was asked the question "Who is your Spirit Warrior?", many questions ran through my head. "Who am I going to chose?", I said to myself. I began the task of sorting out who and what has helped me the most, and what has guided me the most. This was one of the worst things I have ever had to do. With so many different choices on hand it was virtually impossible for me to make one difinitive choice. So, I have narrowed down my list of choices and have put together the three things that have meant the most to me at some point in my life.

The first of the three, are my parents. Everyone says that your parents shape you in one way or another, but mine have gone far beyond that. They are my "spiritual advisors". I talk with them everyday, asking advice or an opinion, or even just to talk about nothing. I can always count on them being there. They have been the most integral part of my life.

The next is were I grew up. I grew up in the Hudson Valley region of New York State. My town is situated on the banks of the Hudson River and ends at the base of a Mountain. The way of life is very relaxed and the landscape is beautiful. It is here, were my connection with nature was born. Nature has always been a big part of my life. To relax, or to think I would go hiking and just marvel at the images around me. You gain a new perspective on life when you are hiking by yourself outside in nature.

The third part of my Spirit Warrior has to be friends. They are my life. I love all of them dearly and they return the same for me. The relationships that I have built with them span age, gender, culture and race gaps. We are a microcosm of the world. We each have our own independent style, but we also have the characteristics that make us a group. It is often the relationships that I have with my friends that gets me through the day.

We all have a Spirit Warrior in one way or another. I am fortunate to have so many positive things in my life that I can have a hard time deciding which one is the best. We all strive to figure out who or what has meant the most to us, this can be challenging. Can you handle the challenge?

The "Who is you Spirit Warrior" is brought to you by the Office of Campus Diversity and the Diversity and the Future 2000 initiative. The DATF2000 will present educational programs, cultural events and social activities designed to promote understanding and appreciation among the students, faculty, staff of all races and cultures that make up the University community.

LATIN CORNER
LATIN CORNER
LATIN CORNER

l a t i n c o r n e r

Latinos Estamos Presente! Are We?

By: Eva Pena
Sigma Lambda Upsilon

Let me ask you this: how many times here at Johnson & Wales have you found yourself asking someone "excuse me, are you Spanish?" or saying "Oh, I didn't know you spoke Spanish." Mayhap when you try to address someone in Spanish, they respond in English. I have been here for three years and this happens to me quite often. Unfortunately no matter how much I have tried, I still can't come up with a conclusion as to why this occurs. Some of my speculations have been that maybe they didn't speak Spanish as a child so over the years, like a faucet that never gets turned on, their first language has been rusted shut. They may be afraid that if they tried to join in a conversation, they might sound like an "idiot". I know that with me, at times I feel that if I can't remember how to say a word in Spanish, I alternate to the English word and start to speak "spanglish".

Arroz con Pollo

By: Rosaura Suarez
Sigma Lambda Upsilon

Did you know that our Latino customs give us more than worm memories - they keep us healthy. It is a fact that the traditional Latin American diet is filled with foods that are not only rich in flavor and loved by many; but that they prevent cancer, diabetes, and heart disease. Maintaining our culture and heritage is not an easy task but it is proven that Latino immigrants who maintain their customs do better physically and emotionally than those who become Americanized. However, the healthy habits we bring from our homelands to this country begins to fade as we try to fit in. Our succulent and so demanded - even by

What I do know for sure is that for many of us our relationships in the United States with the Spanish language is largely based on our family, since often our parents don't speak English. Therefore, we feel that we only need to speak Spanish at home. However, we must realize that speaking Spanish is an invaluable asset, it will soon open millions of doors for those who speak it. For those of us that rarely speak the language, we must realize that being Latino is our rich history, our culture, or experience and our unique looks. If during your valuable time here at the University you want to represent, the Latino organizations on campus will be joining their efforts to create a Latino registration. By doing this we hope to create greater college retention, and to become stronger in numbers to educate others about our beautiful cultures. To register contact: Osmay Rodrigues at 273-7296, Yokasta Brito at 272-3751, or Rosaura Suarez at 331-5903. Latinos estamos presente!

Americans - "Arroz con habichuelas" or even "plantanos con queso" are only part of the many whole grains, beans and root vegetables that are high in vitamins, folic acid, and calcium. They are also high in fiber and low in fat. However second-generation Latinos are eating an Americanized diet, lacking in fresh fruits and vegetables.

But think about it, Latinas have shown low rates of eating disorders, including anorexia, bulimia and excessive dieting; health problems that strike millions of Anglo girls and women every year.

I ban bet that many of us never thought that the food we eat, just because that is part of us; (as hamburgers are part of Americans) is seen as healthy habit by others. This fact leads me to prove one more reason why we should be proud of our descent.



The Office of Student Life would like to send a special thanks to the following for making Homecoming & Family Weekend '99 a success.

Dave Roser
Student Life Student Assistants
Student Life Workstudys
Patty Cross
Culinary Storeroom
Business & Hospitality College Faculty
College of Culinary Arts Faculty
Alumni Association
Center for Investment in Excellence
Reginald Dow
Dennis Sterlacci
Delta Phi Epsilon
Phi Beta Sigma
Dining Services Staff
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Johnson & Wales Inn Staff
Campus Herald Staff
J&W Culinary Archives & Museum
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Parade Judges
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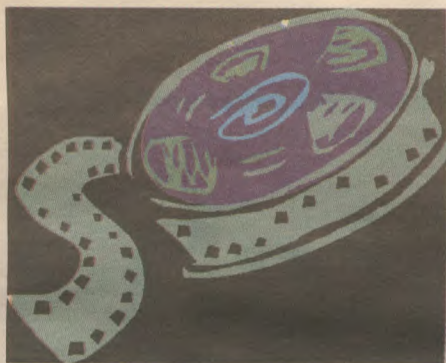
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"THE KATIES"

by Kelly Jones
Arts & Entertainment Co-Editor



Rock and roll, that's what this trio from Murfreesboro, Tenn. plays. Described by a music critic from The Tennessean as "what would happen if Nirvana, The Beatles and Led Zeppelin had ever jammed together," the Katies is an enjoyable mix of guitars that crunch your mind into a trance. Their melodies and harmonies have you singing along before you even know the words. Their opening track "Noggin Poundin'" comes out and grabs you, tosses you around, then pulls you back for some southern comfort. Their raw appearance is reminiscent of Lynyrd Skynyrd, but the album doesn't fit the popular notion of the "southern rock" sound.

The Katies are a fresh band, and with this self-titled debut album they are not far from stardom, it's just a matter of time. I give this album an "A", and can honestly say it's some satisfying pop rock that will have you playing it over and over. For samples of "Noggin Poundin'" and other tracks check out www.elektra.com.

REVIEW

by Kelly Jones
Arts & Entertainment Co-Editor

The five freaks from Omaha (via California) have released another album, "Soundsystem". They keep their sound true and original, as well as very energetic. The songs seem to have a little more diversity in style compared to the last album Transistor. Transistor not only had too many tracks, but too many songs that were similar to each other. The new single "Come Original" has that 311 reggae feel, with lyrics supporting their true original style. They also deliver respect to bands such as NOFX, Black Eyed Peas, and Roni Size.



On the track "Life's Not a Race", guitarist T. Mahoney sounds like Carlos Santana, and on "Sever", lyricists N. Hexum and D. Martinez sing about getting over a past relationship and moving on to find the next. 311 doesn't end the album until they throw you another reggae tune, "Leaving Babylon" is a Bad Brains cover done well.

They conclude the album with a thirteenth track called "Livin' & Rockin'", with the exception of the drum machine at the beginning on the song it sounds like a lost track off of their debut album Music.

Overall I give Soundsystem a solid B. If you have been a 311 fan, you are definitely going to want to analyze this album with the rest of their albums for yourself, and I don't think you will be disappointed. 311 is making an appearance at Lupo's on November 12 and, if you're fortunate enough to find a ticket to the sold out show, I'll see you there.

OUTSIDE



ELLEN GOLDIN
THE VIEW FROM HERE
PAINTINGS
OCTOBER 20-NOVEMBER
16
OPENING RECEPTION:
OCTOBER 21 5-8PM
GALLERY 401

311 SOUNDSYSTEM

TWO THOUSAND
SIX HUNDRED AND
FIFTY-FOUR



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1999 Salem Haunted Happenings Events Sunday, October 31

* Halloween Day, early afternoon until 10 PM

Enjoy live music, food & vendors and have fun people watching and seeing all the great costumes. 978-744-0013

* Salem's Haunted Dinner Theater, 1:00, 5:30, 9:00 pm

Now in our 5th year at the Chase House in Salem. Presenting "BeWitched" Dinner & show, special effects, music, magic and fun for the whole family. 800-697-2583

* American Movie Classics Hot Air Balloon, 2-4 pm

AMC will end its countrywide tour of their newest hot air balloon from 2-4 PM on Salem Common. Free!

* The Witch Trial Trail, 7 pm

Walk the witch trial trail of 1692 by candlelight. Visit the sites and experience the horror of Salem's darkest hour with Salem historian, teacher, author, and tour guide Jim McAllister. Adults \$7, ages 6-17, \$2. Candles provided. Reservations neither necessary or accepted - we take everyone. Tours depart 7 PM from Old Town Hall in Derby Square. For more information call 978-745-6314

* Spirits of The Gables, 7pm-midnight.

This interactive experience brings Nathaniel Hawthorne's famous novel to life in The House of Seven Gables. Meet characters from the novel including the ghost of Mathew Maule, a persecuted victim of the witch trials. Hear of the circumstances that drove the Pyncheon family to lunacy, the secrets that surrounded them, and the curse that led to impending death. Admission is \$6 for adults, \$3.50, children under 6 are FREE. 978-744-0991.

* Hawthorne Hotel's Monster Mash, 8 pm-midnight.

This night is sure to be a haunted, hallowed eve with the haunting sounds of the great band, Hush! Light snacks, Haunting Potions at the cash bar, \$10 per person, must be 21, ID required! We recommend advance ticket purchase! Costumes welcome! For reservations, call 978-825-4334.

* Sister's Fang, 8 pm

Wharf Rat's annual October Macabre series... Take a walk on the darkside with for very different ladies of the night. Dramatic readings of contemporary vampire fiction at The Alternative Stage at In a Pig's Eye. Admission is \$7 at the door.

FOR MORE INFO. ON HALLOWEEN
HAPPENINGS CHECK OUT

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PRESENT:

FREEX WEEK '99

Monday, October 25

Pumpkin Carving Contest
Harborside Pumpkin Patch
10-am-3pm
Judging from 3:30pm-4pm
FREE

Tuesday, October 26

Psychic Fair
Tarot Cards, Numerology,
and Palmistry
4-8pm, CBCSI
FREE

Wednesday, October 27

Psychic Fair
Tarot Cards, Numerology, and
Palmistry
4-8pm Harborside Rec. Center

Wednesday Nite Live

Presents Paul Nardizzi
9pm @ Harborside Rec. Center
FREE

Thursday, October 28

Movie Night
"The Haunting"
9pm Harborside Rec. Center.
FREE

Friday, October 29

Vampire Legends
Meet New England's Real
Vampires
Featuring Christopher Rondina
7pm, Xavier Courtyard
(rain: Xavier Auditorium)

Saturday, October 30

Halloween Masquerade J&W Style
Music, Food, Costume Contest,
and Cash Prizes
9pm-12am Harborside Rec. Center

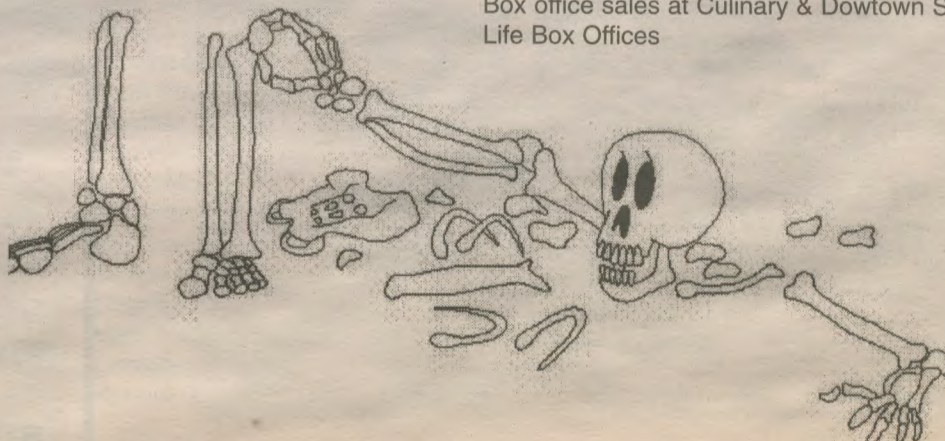
Sunday, October 31

Movie Matinee
"The Haunting"
2pm Harborside Rec. Center

Salem Witch Village

\$10 includes passes & bus transportation
Bus leaves Harborside @ 4pm
and Chestnuts @ 4:15pm
tickets are limited
Box office sales at Culinary & Downtown Student
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PROMISES TO
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GREEK

notes & news

COMMUNITY

To all Panhellenic Sororities:

Congrats to everyone's new members.

Also congrats to Julie Bonaro of Alpha Sigma Tau - our new homecoming queen! Also, thanks to Theta Phi Alpha for the great idea!
Happy Halloween!

The brothers of Zeta Beta Tau Fraternity would like to thank all Fraternities and Sororities who along with their Alumni celebrated homecoming weekend at the ZBT House. For all men thinking of joining the Greek community, IFC rush will be held from Oct. 20 to Nov. 7. Each fraternity will have a specific date to give you an opportunity to meet their respective members. Zeta Beta Tau rush night will be held on Monday, November 1st. Please meet us in Xavier Courtyard at 8pm. We would like to give a special thanks to our adviser, Professor Lindberg, for his continued honesty and support. Proud to be a Z!

A Community of Leaders continually challenging each other to a greater good!

Congratulations to Mike and Deb Pasquerella on the birth of their new baby girl!

Good luck to our brother Mark Burke as he continues to prepare the Denver Campus for the grand opening in the fall of 2000

Happy Birthday to Brothers J.D. Cummings, Steve Brady, and Tony Pasquale.

Welcome to the newly initiated national brothers:

Carl Talmage
J.D. Cummings
J.T. Tombari
Jose Gonzalez
Tim Keating
Tony Pasquale

If you or your organization are looking for help with a community service project, fundraiser, special event, or even just want to have a social, please contact J.D. Cummings at 598-1025 or 598-3366, please leave a message and contact number.

Sisters

You've been there, told me not to give up. We kept secrets and talked about everything

The times we shared

You are my friend

You are my sisters

You are my family

We've cried together

We've sighed together

Shared heartaches and pain

You told me not give up

And never say, "I can't"

The times we had we'll never forget

Told me that "nothing" but good will come out of bad

Things happen for a reason so keep your head up

Even from afar we still talk

We share things as if we are still but yet a close walk

We cry tears about our lives and pray that those things will come out fine

We have a common bond that people search to find

You are my friends

You are my sisters

We are a family

-Sante

The sisters of Alpha Sigma Tau would like to congratulate our beautiful sister and Homecoming Queen, Julie Bonaro. Also, congratulations to our brother fraternity Sigma Pi on taking 3rd place for their Homecoming Float! We would like to introduce all our new members of Alpha Sigma Tau....

Jessica Reed
Maria Nardone
Kristie McCoy
Meghan Mills
Jerilyn Campos

Good luck to all Greek organizations new members! We would also like to thank everyone that attended the Greek Retreat; we had such an awesome time getting to know everyone. We would like to extend our thoughts and prayers to the sisters of Phi Sigma Sigma for their loss of their sister Holly a year ago this month.

First of, congratulations to all fellow Tau Epsilon Phi Fraternity brothers who celebrated our 89th Founders Day on Tuesday October 19. We only hope that the next 89 years will be as exciting as the first. We hope that everybody's midterms went well, for those who had them, and that the rest of the tri goes well.

And now a reminder about Rush. Tuesday October 26 is the night to meet the brothers and have some fun. It all starts at 7pm. To find out more info about that night call 351-5140 or keep an eye out for signs. It is time for your final mission. Time to make a choice, so choose wisely. Choose TEP.

If you are interested in setting up an interview please call the number above to find out what times are available.

RUSH TEP
"WOULD YOU LIKE TO KNOW MORE?"

We the sisters of Sigma Lambda Gamma would like to congratulate all of the winners of the Homecoming Parade '99; it was a fun event. A big Gamma shout out to our brothers Sigma Lambda Beta thanks for the support. Happy Birthday to Sister Sante Melaku and a belated birthday to sister April Jones. Look out for Pink and Purple upcoming events. "Culture is Pride, Pride is Success".

The sisters of Delta Phi Epsilon would like to thank Greek Life for making this years retreat so inspiring. Our sisters had a great time. Thanks to sisters Lisa Morehead, Mahraz Qureshi and Jennifer Martin for taking the time and dedication to attend the retreat.

To all those "Pizza Makin' Deepfers" who sold all those pizzas last week at Papa Gino's!! We had a lot of fun and we made money! Thanks for all the support.

Thanks to all the sisters who made time in their busy schedules, in order to spend time with our consultant. Dinner was great, let's do it again soon!

To the brothers of Tau Epsilon Phi ~ Happy Founder's Day!~
We hope everyone has a safe and Happy Halloween!

Congratulations to all sororities on Fall Rush 1999. It was very successful.

Congratulations to our new members: Pauline Bidgood, Jen Kolb, Nicole Romanowski, Courtney Kenworthy, Stacy Malizia, Danielle Claro, Molly Bradle, Alyssa Zonghetti, Stephanie Markatos, Nicole Cardoza & Holly Moore. You girls are great. Good Luck!

To Holly Normoyle: We cannot believe that it has been a year. We miss you and love you more everyday. For everyone: Be careful and think of the risk every time you take it.

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WHAT'S GOING ON ???

Wednesday, October 20

Test Taking Strategies" Workshop 1:50-3:55pm @WCC
 * L.A.C. Meeting 6 pm @ MCC
 Bowling & Billiards 7-9 pm @ Recreation Center (cost \$1.99)
 "Poetic Mist"/Open Mic 6-9 pm @ MCC
 (Harambee & NSMH)
 CH Released

Thursday, October 21

"American Pie" 9 pm @ Recreation Center 2nd Floor

Friday, October 22

Hillel Meeting 5 pm @ CBCSI
 CFS Fall Conference "Faith In Action" Boston MA

Saturday, October 23

Sailing Club 9:30 am @ University of RI (boat: FJ)
 CFS Conference "Faith In Action" Boston MA

Sunday, October 24

Catholic Mass Noon @ Xavier Chapel
 "American Pie" 2 pm @ Recreation 2nd Floor
 UIB Meeting 5 pm @ Recreation Center 2nd Floor

Monday, October 25

* Freak Week Starts
 Swing & Latin Dance Classes 7-9 pm @ Rec. Center
 (cost: \$1.99)

Tuesday, October 26

Freak Week
 "J" WOO Commuter Connections 10:30 am-12:30 pm @
 Chestnuts and Café Commons
 A New Matrix: Changing Roles of Men and Women 3 PM @
 MCC (DATF 2000)
 Beach Volleyball 7-9 pm @ Rec. Center (cost: \$1.99)
 Tuesday Night Truth 8 pm @ Rec. Center 2nd Floor (CFS)

Wednesday, October 27

Freak Week
 "Stress Management" Workshop 1:50-3:55 pm @ WCC
 L.A.C. Meeting 6 pm @ MCC
 Bowling & Billiards 7-9 pm @ Rec. Center (cost: \$1.99)
 Wednesday Night Live featuring Paul Nardizzi 9 PM @ Rec.
 Center 2nd Floor

Thursday, October 28

Freak Week
 "The Haunting" 9 pm @ Rec. Center 2nd Floor

Friday, October 29

Freak Week
 Diversity Training 9am-noon @ MCC
 Hillel Meeting 5 PM @ CBCSI

Sunday, October 31

Catholic Mass Noon @
 Xavier Chapel
 UIB Meeting 5 pm @ Rec. Center
 2nd Floor

THE KEY

CBSCI	Citizens Bank Center for Student Involvement
CSF	Christian Student Fellowship
FB	Fall Baseball
JA	Junior Achievement
NPHC	National Pan-Hellenic Council
MCC	Multicultural Center
MS	Mens Soccer
SL	Student Life
U-Hall	University Hall
WS	Women's Soccer
WT	Women's Tennis
WV	Women's Volleyball

WHAT YOU ARE
 WE ONCE WERE...
 WHAT WE ARE
 YOU MAY BECOME

RUSH

ΦΚΣ

OCTOBER, 25 1999

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SGA Listens to Student Concerns, Complaints

On September 28 the first Town Hall meeting of the year took place on the 1st floor of the CBCSI Building. The Town Hall Meeting was sponsored by the Student Government Association with the purpose of giving students an avenue to voice their opinions and concerns. Many concerned students came out to voice their opinion of issues happening on campus. The issues discussed include:

- * ACE Hall having a lack of computers, refrigerators and busses.
- * The lack of space to post any announcements on campus.
- * The school busses running in an untimely manner.
- * Building/construction problems in Snowden Hall.
- * Question and Answer from SGA candidates.

The meeting was very productive. The next Town Hall Meeting will be held on October 20, 1999 on the 1st floor of the CBCSI (Friendship) Building at 7 PM. There will be delegates from Student Life, and Residential Life to answer questions or take any comments or concerns for students. Student Government encourages you all to make an appearance and make your voice be known.

SGA would like to congratulate all the newly elected positions:

Lauren McGrath	Financial Secretary
Lynette Median	Junior Class Senator
John Sawyer	Freshman Class President
Heather Goode	Freshman Class Senator
Erin Whitney	Freshman Class Senator
David Scibor	Student Body Senator
Angelique Angel	Student Body Senator
Sameerah Brown	McNulty Hall Senator
Jerilyn Campos	Renaissance Hall Senator
Natasha Toon	Snowden Hall Senator
Marc Mead	South Hall Senator
Christopher Bice	ACE Hall Senator
Kendra Joachim	UIB Senator

Editorial & Opinions

STUDENTS SPEAK

Q What is your favorite pick-up line ?



"I don't mean to bother you I admired your looks and I was hoping if you don't have a man or even if you are bored and need a friend, you can give me a call. (hand a business card to her)."

Anthony Ford
Freshman



"I don't use pick up lines, I give the eyes."

Danielle Clara
Sophomore



"A shorty what's your name"

David Hairston
Freshman



"If I told you, you have a nice body would you hold it against me? Old, but classic."

Genevieve Onorato
Sophomore

Why do we love?

by Matthew McIntyre
Staff Writer

Why do we love others? Whether it is of the same or opposite sex, it gives us a sense of belonging and satisfaction. How do we decide whom we love? What is the definition of love? The decision of who we chose to love is a difficult one and is often incorrect. We sometimes tend to rush decisions in hope of a solution to our problems and call that solution love.

People say "I love you" with no real thought to that phrase and then it becomes misunderstood and taken out of context. I personally can tell a lot of people that I love them, meaning that I care about them deeply in my heart. I can tell family members and close personal friends that they mean a lot to me by saying, "I love you."

I personally believe that loving someone and being in love with someone are two different things. I can love old friends who are close to me but being in love with someone means that I want a long-term relationship like marriage and am willing to accept the responsibility of being a father and/or a husband. When the time comes that I say I am in love with someone, I pray she will be the right one. These may sound like strong words and that is because they are. For all those who are considering falling in love are already have, think about life-long commitments.

Little Things

Too often we don't realize,
What we have until it's gone;
Too often we wait,
When it's too late to say, "I am sorry, I was Wrong!"

Sometimes it seems,
We hurt the ones we hold dearest to our hearts,
And we allow the little foolish things to tear our lives apart.

There are too many times,
We let unimportant things into our minds,
And then it's usually too late,
To see what made us blind.

So please be sure,
That you let people know how much they mean to you,
And take the time to say the words,
Before the time is through.

Be sure,
That you appreciate everything you get,
Be thankful,
For the Little Things in life,
That mean to you a lot.

by Irina Signatovich

Did you ever realize ?

by Ian Zubowicz
Staff Writer

Everyone needs a good laugh once in a while. So I have found some funny lines and questions for everyone. Also some of these here are to make you think and just wonder what everyone is thinking.

- * Why does sour cream have an expiration date on it? Will it go good?
- * If you unscrewed your belly button, does your butt fall off?
- * If a man smiles all the time, he's probably selling something that doesn't work.
- * If you mailed a letter to the post office, who delivers it?
- * Kilometers are shorter than miles. Save gas, take your next trip in kilometers.
- * If a train station is a place where trains stop, a bus station is a place where busses stop, then my workstation is...
- * Some people see the glass half-empty, some is it half full. I see the glass as way too big.
- * Why do we turn lights "out" when we turn most other things off?
- * Someone I know was expelled from cooking school, it left a bad taste in their mouth.
- * I wish there were at least one round state.
- * If the shoe fits, get another one just like it.
- * The idea of walk-in closets scare me. If I'm sitting at home and a closet walks in, I'm getting the heck out of there.
- * "No comment" is a comment.
- * I put a dollar in the change machine and nothing changes.
- * I think it would be fun to go on "Jeopardy" and never buzz in. Just stand there for a half an hour, never talk and then go home.
- * When football fans tear down goal posts, where do they take them?

Secret Lives of Squirrel s

by Erica Bourey

While I was driving the other day I noticed that there were a lot of deceased squirrel's in the road. After pondering about this phenomenon for awhile, I came to a few conclusions about squirrel's.

I don't know what it is but squirrel's love testing their skill of out-running a car and the skill of the driver. A squirrel will wait until the very last moment to run out into the middle of the street. Many times, they scurry halfway across the road only to realize they won't make it and turn around and go back the way they came. Even the squirrel's that get a head start seem to practice this technique of crossing the street. And, in the end, they get squashed anyway. Sometimes they even wait until the car has come down upon them and try to run between the front and back tires. It is almost as if they think they will make it out the other side in one piece. There are even the few squirrel's that try to be brave and bring dinner home. They only end up becoming squirrel with acorn butter. Maybe the squirrel's think they are indestructible.

You can classify squirrel's in several categories. First there is the homicidal squirrel. This type of squirrel is very cunning. It chases another squirrel from one tree to another and down, finally pushing the other squirrel out into the road. Only the homicidal squirrel makes it because he carefully timed the attack with the

oncoming traffic. It stops as the other squirrel thinks it is slick for outrunning its attacker.

Next is the conspiracy theory that brake manufacturing companies hired all the squirrel's and bribed them with nuts to run out in front of cars, forcing the hapless driver to slam on their brakes. By doing this unexpected brake test the driver must fix their brakes more often and spend more money. Too bad for the squirrel that picks the driver that looks for these "out for hire squirrel's." Because these drivers think squirrel's are just a waste of fur.

Then there is the thought that squirrel's are just naturally suicidal creatures. Maybe they are dare-devils that are tempting fate in the face. If they don't make it then they don't make it. They like to see how long it takes the owner of a car to floor it by dropping acorns from the tops of trees. It's a squirrel game to see who can make the biggest dent.

Sure, there is some use for the bushy-tailed rodents. For instance, imagine if no one ever picked up the acorns in the fall. It would be impossible to walk around barefoot without hurting your feet. In the old days, I'm sure a squirrel pelt made good slippers or stew. But today we buy man-made fabrics and it was found that squirrel's were not good for people who had high blood pressure. So, in the end, squirrel's are just wasted fur.

Maybe that's because, unlike the happy bunch over there, you didn't call Pomegranate for your screenprinted t-shirts. Don't make the same mistake that I did, which resulted in a permanent, nasty scowl - Call POMEGRANATE today!!

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HOROSCOPES

ARIES (March 21 to April 19) Beware of making judgements based on inconclusive evidence. You may be seeing what you want to see rather than listening to what someone is telling you.

TAURUS (April 20 to May 20) Now is not the time to cut corners, particularly since your boss may be watching you closely. Bulls with partners should make sure they are not neglecting their beloved one.

GEMINI (May 21 to June 20) Isn't it time that you stopped hiding your light behind the proverbial bushel? Give your self-confidence a makeover and dare to get out there.

CANCER (June 21 to July 22) Look at for the pattern behind a puzzling series of recent events. It may be that the universe is trying to tell you something really important.

LEO (July 23 to August 22) Make sure that you're not substituting wanting for doing. Someone you care about deeply may be feeling alienated from you.

VIRGO (August 23 to September 22) It's about time your hard work paid off! You deserve a vacation, even if it's just a day off. Treat yourself to one of your favorite luxuries.

LIBRA (September 23 to October 22) Ask to hear the uncensored truth; just be sure that you're prepared to hear it. Don't neglect to help a friend who needs your assistance.

SCORPIO (October 23 to November 21) Look before you leap, and you may prevent yourself from making a huge mistake. It may be time to take off those rose tinted glasses.

SAGITTARIUS (November 22 to December 22) A dichotomy is likely to arise between home and office. Now is not the time to push the buttons of authority figures.

CAPRICORN (December 22 to January 19) Perhaps it's time to treat yourself to that luxury item you've been craving. Just don't blow your budget on it.

AQUARIUS (January 20 to February 18) Be patient with who is having a hard time in overcoming his or her apprehensions. Rushing matters will only make things worse.

PISCES (February 19 to March 20) Don't waste your current happenings worrying about what the future might have in store. Relax and have a marvelous adventure.

Wishing Well®

6	2	7	8	4	6	8	6	7	2	7	8	5
C	R	H	R	S	H	O	E	A	O	R	C	L
6	2	3	4	2	6	2	3	7	8	7	3	5
K	M	A	P	A	I	N	S	M	T	O	K	O
2	4	2	3	4	6	7	8	3	6	7	2	5
T	R	I	F	E	T	N	U	O	W	Y	C	V
2	8	2	7	6	2	7	2	8	6	3	8	7
I	T	M	A	I	P	T	U	I	C	R	N	H
5	7	3	2	6	3	7	3	7	2	4	8	2
E	O	A	L	E	D	M	V	E	S	A	E	E
8	3	4	8	2	4	8	5	8	4	8	5	4
I	I	D	S	S	S	C	U	H	M	A	P	I
3	8	3	8	5	4	8	5	4	8	5	4	8
C	N	E	G	H	L	E	E	E	L	D	S	S

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

MAGIC MAZE

MECHANICS' TOOLBOX

O V S Q N K H E L B Y W T R O
L J G E H B Y W U E R P N K L
I G D B Z S P X V S S P Q L O
M K S R I G U L E C A I I Y W
U S C R E W D R I V E R H H S
Q P T G E N A N B E D G C C L
J H U E F P N S E E R E N N C
A A Y E K X I A K V R S E U U
G P M A L C S L P C Q I R P P
N M K J H I O F A S A V W E C
B Z Y X V U F S T C T H R Q P

Find the listed words in the diagram. They run in all directions-forward, backward, up, down and diagonally.

Calipers	Gauge	Screwdriver	WISE-GRIP
Chisel	Hacksaw	Sockets	Wire brush
Clamp	Pliers	Spanner	Wrench
File	Punch	Tap	

Super Crossword

- ACROSS**

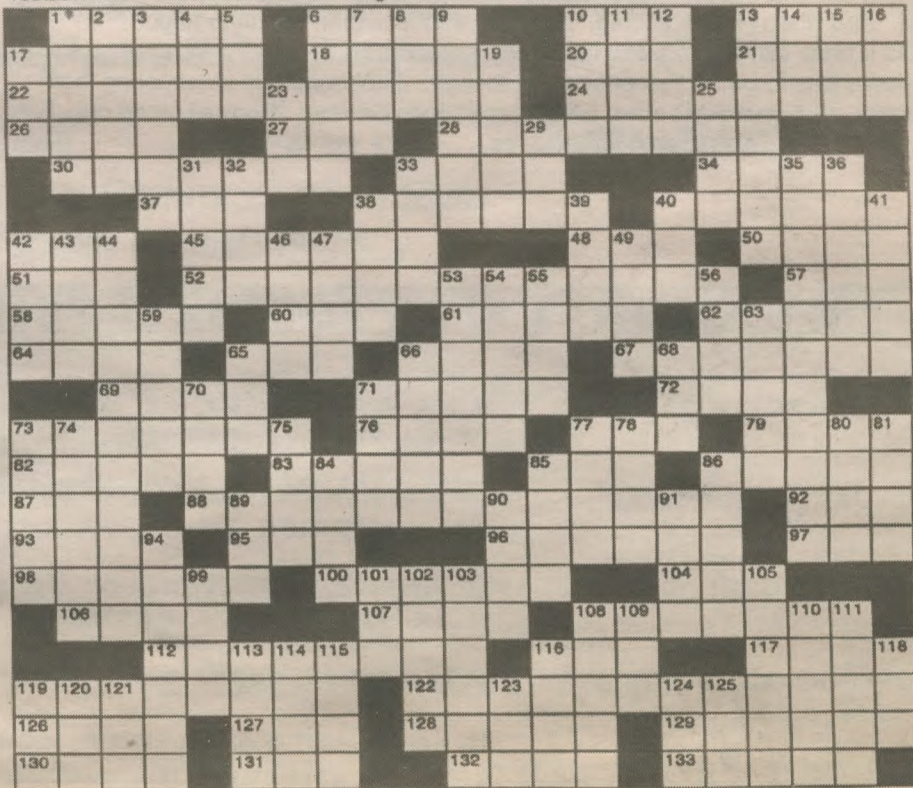
1 Conclude a deal
6 Drinks like a Dalmatian
10 Current unit
13 Bagel or bialy
17 State
18 Build
20 He'll give you a squeeze
21 Singer
22 Egyptian manipulator?
24 German rock group?
26 Thames town
27 blond
28 Quick comeback
30 Furtiveness
33 Encounter
34 Luke's book
37 Baseball stat
38 Feudal tenant
40 "Lohengrin" role
42 "Pshaw!"
45 Wind instrument?
48 Galley feature
50 Asta's father
51 Pie mode
52 Indian restaurant?

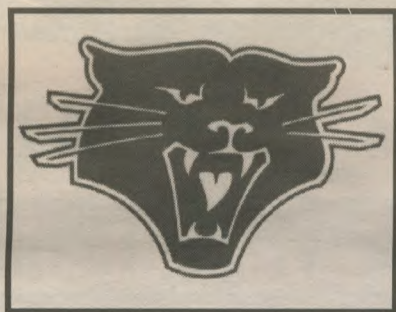
57 Church bench
58 Mississippi mound
60 Help
61 Actress Rivera
62 Got up
64 Tragic monarch
65 Bar supply
66 Noggin
67 Fine
69 A bit of Bach
71 Bandleader Shaw
72 Sitarist Shankar
73 Prep school
76 Sheepish sounds
77 Seville shout
79 "Beowulf," e.g.
82 More naive
83 " of robins . . ."
85 Bartok or Peron
86 Islamic deity
87 Speedometer abbr.
88 Senegalese sitcom?
92 Khan opener?
93 Mayberry town drunk

95 "The Lady Tramp" ("37 song)
96 Maintenance workers
97 Hitler's mate
98 Contemptible
100 Good luck charm
104 de plume
106 Film site?
107 Worn-out
108 TV's "Shade"
112 Seminole shoe
116 Whitney or Mintz
117 On one's (alert)
119 Italian actor?
122 Sensible Czech?
126 Duel tool
127 Season firewood
128 Dieter's dish
129 " Fideles"
130 Ward (off)
131 Evergreen tree
132 Sup in style
133 Soprano Fleming

DOWN

1 Blind parts
2 "Untouchable" Ness
3 Klemperer of "Hogan's Heroes"
4 Actor Tognazzi
5 Energy
6 Rover's restraint
7 Roguish
8 Hound or hamster
9 A great many
10 "Waterloo" group
11 Yorkshire feature
12 Gasp
13 Tosses aside
14 "Deep Space Nine" role
15 Actress Ullmann
16 Wahine's wreath
17 Master
19 Banyan and baobab
23 Scoundrel
25 Close
29 School grp.
31 Residence
32 Brindisi bread
33 Artist Franz
35 Libyan baseball maneuver?
36 Most confident
38 Nullify
39 Like some sheep
40 Prospector's prize
41 Loser to Truman
42 Cinderella's soiree
43 Nautical adverb
44 Cuban game-show figure?
46 Jai
47 Lean
49 PDQ, politely
53 Overlay material
54 Massenet opera
55 Aachen
56 Darling
59 Carve a canyon
63 "Bolero" composer
65 Jewel
66 Impetuous
68 Prior to, to Prior
70 Semester
71 Encourage a culprit
73 Iron clothes
74 Paris, to Helen
75 Tropical tubers
77 Ellipse
78 Chad or George
80 Othello's inducer
81 Detective Charlie
84 Linguist Chomsky
85 Redact
86 Torch's crime
89 and yang
90 Hair part
91 Composer Thomas
94 Prepared cherries
99 Morlocks' prey
101 Donkey
102 Tanker and trawler
103 "Lord Jim" author
105 Kitten gear
108 Manage to miss
109 Compete
110 Din
111 "Beau" ("39 film)
113 Potter's need
114 Circus sigh
115 Once again
116 Richard of "Love Me Tender"
118 Sault Marie, MI
119 Ring counter
120 Do Little work
121 Kyoto coin
123 Actress MacGraw
124 Deface
125 Citrus cooler





Wildcat Sports

WOMEN'S SOCCER TEAM SETS MARK, GIRDS FOR GNAC PLAYOFFS

by John Parente
Sports Editor

Now that they have set the single season record for wins in a women's soccer season, coach Chris Guay's Wildcats have other things to think about now.

Having already clinched a berth in the Great Northeast Athletic Conference playoffs next week, the Wildcats hope they can put a couple of wins together in the league playoffs. They're surely playing well enough to make some noise in what will be their first-ever playoff games as an NCAA team.

The Wildcats advanced their record to 10-4-2 with wins over Eastern Nazarene and St. Joseph College at Pierce Stadium last week. While the 5-2 victory over Eastern Nazarene came a bit easier than the 3-0 conquest of St. Joe's, a GNAC foe, the 'Cats are getting better as the games become more important.

The Wildcats and Blue Jays played 43 minutes of scoreless soccer on a perfect Saturday at Pierce Stadium. But suddenly, as only one minute remained in the half, Natalie Nowak converted Patrice Merendina's right wing rush into a 1-0 Johnson & Wales lead. As well as St. Joe's played, the J-Dub goal was big-time deflating.

The Blue Jays had made the best attempt to break the scoreless tie midway through the half, but J&W's Holly Bodwell made the first of two marvelous saves during the game. Coming out to stop a break by SJC's Val Gasparino, Bodwell got her fingertips on a shot to her right. Sprawling to flick the ball away, Bodwell stoned Gasparino just wide of the goal from about six yards.

The second of Bodwell's monster stops again came at Gasparino's expense. The Blue Jays' leading scorer again broke in on the senior keeper. As Bodwell advanced toward her, Gasparino let a shot go into the keeper's chest. Then, as the rebound came out a matter of feet away, Bodwell swept a second attempt away from the goal.

From that point, it was all J&W. Merendina finished a three-assist afternoon when she fed Mashari Perry perfectly at the goal mouth in the 69th minute, then got credit for the help that led to Liz McCarthy's goal, which came on a rebound in front of the Blue Jay goal.

Merendina, a freshman, started the day as the fifth-leading scorer in the GNAC, but now, with 12 goals and nine assists, she'll be on her way up the leader board when the latest league stats are revealed later this week.

Perry, with 11 goals and seven assists, isn't far behind. Bodwell, meanwhile, registered her fourth shutout of the year, and her 1.89 goals-against average is sure to once again be among the top four in the league—which it's been all season long.

The Wildcat win over St. Joseph's was a tad better than their conquest of the Crusaders from Eastern Nazarene. That one was more weird than artistic. The 'Cats and Crusaders scored a combined seven goals in the first half, then played a scoreless second. J&W sped off to a 2-1 lead on goals by Alaina Schmidt and Perry, but ENC got one right back.

Lauren Benek scored the first of her two goals of the day in the 21st minute, but, again, the Crusaders got it back. It wasn't until Benek scored off a Perry pass in the 29th minute that J&W began to assume territorial control. And when Nowak scored, ironically, with less than a minute to go (she did it twice last week), J&W had a bit of room.

There was to be no further scoring, though. J&W ended up outshooting their opponents, 30-5, but didn't solve ENC keeper Jody Gardner. Bodwell faced only five shots all day, and finished with three saves.

VOLLEYBALL CATS POSITIONING FOR TITLE OPPORTUNITY

by John Parente
Sports Editor

Maybe the third time will indeed be the charm.

For the past two years, the Johnson & Wales women's volleyball team has gone to the championship round of the Great Northeast Athletic Conference tournament, and lost to St. Joseph College.

Now, as they prepare for a similar possibility, the Wildcats just might be a little close to taking the title.

With a record of 16-5 going into the past weekend's tournament at Springfield College, the Wildcats are on their way to another great year. They completed their GNAC regular season at 9-1, after humbling third-place Suffolk, 3-0, last week at the Harborside RAC. Just one match separated second-place Johnson & Wales and first-place St. Joseph; and that was the 3-2 come-from-behind victory that the Blue Jays slapped on J-Dub in Hartford last month.

Since then, though, the Wildcats have certainly improved.

Take the Suffolk match, for instance. While Sarah Craig played her usual solid game (26 kills, four blocks, and four aces), there were more and more outstanding supporting performances.

Danielle Scialpi, Danielle Riesz, Stevi Ebert, and Meredith Merrill combined for another 30 kills in the three-game sweep. And in the finale, Ebert ripped off nine consecutive points in a 15-1 burial that put the exclamation point on the win. Scialpi, and her twin sister Desiree, continue to come up big on the outside, while Riesz simply doesn't make many mistakes. It is the help being provided by those three that is a major contributing cause of the optimism that is abounding as the 'Cats get ready for the GNAC.

J&W opened their match with the Rams with mixed success. Janeth Ospina, Reisz, and Craig all had aces along the way, but Suffolk's Melanie Brouillette was also on her serving game, with four aces in the first game. It wasn't until Craig's ace, and attacks by Reisz and Scialpi that the 'Cats were able to wrest a 15-10 win.

Things did come easier to the Wildcats in game two. A pair of aces by Ospina made it 6-4, Craig had an ace at 10-5, and Reisz had her third ace of the night to make it 12-5. From there, Scialpi had a kill, Ebert a dink, and Jen Litwin a key dig on the final point as J&W went on to a 15-7 win.

Ebert's string of points in game three consisted of four aces, a block by Shana Eigen, a perfect dink by Desiree Scialpi, and a superlative kill by Craig, who laid the big bomb on the Rams to make it 10-0. Merrill had a kill and a block down the stretch as J&W ended the match minutes later with the 15-1 win.

Oh, by the way, there are two other rather large reasons to get geared up for the title round. The Blue Jays will take to their home court protecting a forty-some-odd home winning streak. And the winner of the GNAC gets an automatic bid to the NCAA Division III tournament. That's not bad.

The quarterfinal round will take place on Thursday night at the RAC. A win by the Wildcats will send them to St. Joe's in West Hartford on Saturday, the 23rd, with three other quarterfinal survivors.

You may want to make some plans to catch a little bit o' history.

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9 AM BIG DOGS VS. AEI HAMMERHEADS
10 AM ZBT VS. CARDERA

SATURDAY, OCTOBER 23

10 AM RENAISSANCE WOLF PACK VS. X-MEN
11 AM WARRIOR MONKS VS. ACE OUTKAST

FRIDAY, OCTOBER 29

10 AM AEI HAMMERHEADS VS. ZBT
11 AM BIG DOGS VS. CARDERA

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TENNIS TEAM EDGES SIMMONS FOR TENTH WIN IN FIRST 11 MATCHES

by John Parente
Sports Editor

The early word on the J&W women's tennis team when the season began was that they were deeper than they've been in their NCAA history. The last three weeks have really proven that to be true. The Wildcats lost their early-season number-one singles player, but the rest of the team has surely picked up the slack.

While veterans Kristina Dunn and Nicole Manginelli have again enjoyed success in the top slots, it has been the jaw-dropping play of Emily Herr, Lucia Castillo, and Erini Papafilipakas that has propelled J&W to a 10-1 start, and a host of one-point victories.

J&W upset previously-unbeaten Simmons, 6-3, last Saturday, when Dunn and Manginelli teamed for the deciding point at first-singles. But Herr and Castillo ran their combined unbeaten skein to an incredible 40-0—that's right, 40-0, on their way to beating a GNAC foe that was 7-0 going into the match.

Herr, who played at sixth and fifth singles earlier in the year, has been playing at number-four for the past three weeks. It doesn't matter, she just continues to win. Eleven wins in singles play and ten doubles wins makes her one of three unbeaten players in the GNAC, and the only one with over 20 wins. Herr's two points against Simmons put her at 21-0.

Castillo, a sophomore from Guatemala, is another of the GNAC unbeatens. Her two points put her at 19-0 on the year. Papafilipakas, meanwhile, won her ninth match in 11 starts in singles action, playing for the first time at number-two.

Dunn and Manginelli ended all doubt when they came up with an electrifying 8-7 win in their doubles match. "Nicole came up big for us when it really mattered," said J&W veteran coach Dr. Allan Freedman, "This team has really come up with some big wins against some really good teams.

The Wildcats, in fact, have won four 5-4 matches and a 4-3 decision among their ten wins. A couple of major hurdles are approaching, though. Rhode Island College, which began the weekend at 10-2 and was battling UMass-Dartmouth for the Little East title, entertains the Wildcats on Thursday at 3:30. Then, at the end of the month, Simmons, Emmanuel, St. Joseph College, and the rest of the GNAC's elite will meet again at the conference's annual tournament.

TOUGH LUCK , TOUGH SCHEDULE TWO FOES OF MEN S SOCCER CATS

by John Parente
Sports Editor

Two very different halves of men's soccer were played last Saturday at Pierce Stadium.

In the first, Johnson & Wales did a veritable dance all over Southern Vermont College, one of the new teams in the Great Northeast Athletic Conference.

Chris LeFave had scored just 28 seconds into the match, John Sassman gave J&W a 2-0 lead midway through the period, and J-Dub was peppering shots goalward throughout. There was a decided territorial advantage. In fact, Trevor Foden only had to make one save in protecting the two-goal lead.

But in the second, it was the visiting Mountaineer team that did the dancing. Southern Vermont held Johnson & Wales to exactly one shot through the rest of the game, and, in the meantime, rammed home a trio of goals that gave the visitors a 3-2, come-from-behind win over a J&W team that could only shake its collective head and wonder whah-happened.

The Wildcats were fed a bitter pill for lunch by a Southern Vermont team that took full advantage of a gusty wind at their backs. The Mountaineers also played excellent pressure-type soccer. They pressed forward, cleared deeply, and twice, aided by that wind, set up and converted perfect scoring chances.

Dan Dubois scored a pair of goals for SVC. The first came just five minutes into the half, when midfielder Kyle George chipped a pass high into a guiding win which led Dubois perfectly for a one-on-one break.

The second was similar, but the clearance pass came from fullback Joe Dunican and covered about 40 yards. Once it got to Dubois, it was another one-on-one chance, and again, Dubois one.

The hard-working George then made life miserable for the Wildcats and their fans when he scored in a scramble in front of Foden just two and a half minutes after Dubois had tied the game.

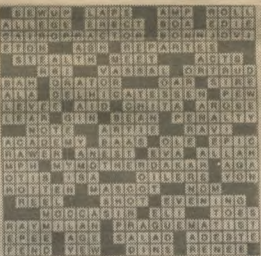
From then, SVC simply cleared everything up into the wind. J&W couldn't amass an attack into the gusts, and it was over. The Mountaineers ended up outshooting the 'Cats 13-1 in the second half, and 18-8 over the course of the game.

The Wildcats will play their last GNAC game of the regular-season at Daniel Webster College in Nashua, New Hampshire on Saturday. Most likely, J&W will be on the road for the first round of the conference playoffs next Wednesday, the 27th. The semifinal round is set for Friday, October 29, and the championship match on October 31. Though Norwich and Albertus Magnus have been the GNAC's top two teams, six other teams, including Johnson & Wales, are covered by a napkin as they jockey for playoff position.

LeFave, who took a Joe Espinosa chip and deposited it into the net before the first half-minute of the game was gone, scored his conference-leading 16th of the year. Sassman's goal was assisted by Sergio Tenaglia and Dave Clark.

Johnson & Wales Recreational Schedule
Starting September 20th

- Monday**
- * Dance Class with instructor Jeff Allen 7-9 PM
 - * Aerobics - Sport Step 12:15 - 1 & 5:15 - 6:15 PM
- Tuesday**
- * Beach Volleyball at South Hall 7-9 PM
 - * Aerobics - Kickboxing 12:15 - 1 PM
 - * TKO 5:15 - 6:15 PM
 - * Karate Class 6:30 - 8:30 PM
- Wednesday**
- * Bowling/Billiards Night - Legion Bowl 7-9 PM
 - * Aerobics - Sport Step 12:15 - 1 & 5:15 - 6:15
- Sunday**
- * Karate Class 6:30 - 8:30 PM
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Bistro Beef
Black Angus Burger
Black Forest Cups
Black Pastrami Reuben
Brioche
Caesar Salad
Calzones
Cannoli
Chef Salad
Chicken McNuggets
Chicken Fajita
Chicken Noodle Soup
Chicken Salad Sandwich
Chicken Shells with Broccoli in Garlic
Wine Sauce
Chocolate Chunk Cookie
Chocolate Rugalach
Chocolate Truffle
Clam Chowder
Classic Carrot Cake
Classic Sundae
Cloud Cookie
Coffee Cake
Colombian Decaf Coffee
Congo Bars
Corned Beef Reuben
Corned Beef Hash
Cream Cheese Brownie
Creamsicle
Croissants
Danish
Dill and Onion Bread
Dolce Vita Omelet
Dumpling
Eclairs
Egg McMuffin
Eight Grain Bread
English Toffee Cream Coffee
Espresso

Federal Hill Signature Sub
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Focaccia
French Bread
French Fries
French Toast
Fresh Fruit Tarts
Fresh Samantha
Freshly Squeezed Lemonade
Fried Rice
Froot Freeze
Frosted Roll
Frozen Yogurt
Fruit Smoothie
Garden Salad
Green Mountain French Roast
Grilled Chicken with Honey Mustard
Gyros
Ham & Cheese Calzone
Hamburgers
Hash Brown Potatoes
Hazelnut Decaf
Honey Dipped Stick
Hot & Sour Soup
Hot Veggie Pocket
Hummus
Ice Cream Soda
Iced Cappuccino
Iced Coffee
Iced Mocha
Iced Tea
Italian Bread
Kuchen
Lasagna
Latte
Lo Mein
Low Fat Chocolate Angel Food Cake
Macadamia Chocolate Chunk Cookie
Magic Bars
Maki
Manhattan Clam Chowder
Manocotti
Meatball Sandwich
Mediterranean Pilaf
Meze Sampler
Milkshake
Minestrone Soup
Miso
Mocha
Mocha Madness
Mudslide
New York Style Cheesecake
Old Fashioned Doughnut
Olive and Dill Bread

Omelet
Orange Juice
Pancakes
Pastrami Melt
Peach Muffin
Peanut Butter Cheesecake
Pecan Pancakes
Penne with Chicken Parmesan
Pistachio Muffin
Philly Cheese Steak Sub
Pizza
Portabello Mushroom, Goat Cheese &
Red Pepper on Focaccia
Portuguese Sweet Bread French Toast
Potato Rosemary Bread
Pretzel
Pumpnickel-Bagel
Pumpkin Spice Coffee
Quiche
Raspberry Mousse
Red Raspberry Filled Doughnut
Reuben with Sauerkraut
Rice Pilaf
Rice-Stuffed Grape Leaves
Rigatoni alla Luganega
Roasted Eggplant Sandwich
Sante Fe Turkey Sandwich
Sausage Roll
Shish Kabob
Sour Cream Apple Pie
Souvlaki
Spanakopita
Split Pea Soup
Spring Roll
Stromboli
Stuffed Peppers
Sun Dried Tomato Rosemary Bread
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Tiramisu
Tuna Salad Sandwich
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65 Weybosset Street • Providence, R.I. • 598-1199

Monday – Friday: 10 a.m. – 6 p.m.

Saturday, June – August: 10 a.m. – 4 p.m.

Saturday, September – May: 10 a.m. – 5 p.m.

Hours are extended during the holidays to include Sundays.